AVAILABLE FOR INTERVIEW

# Are YOU Your Own **WORST Enemy?**

www.imagineeringunlimited.com

# to Stop Self-Sabotage!

97.5% of us quit smoking & start again?

weight back?

using again?

someone new?

dictive personalities?

The dictionary definition of sabotage is "an act or process tending to hamper or hurt". But WHY on earth would we sabotage ourselves? That's a complicated question with a very simple answer... Because our minds are wired that

The subconscious is very powerful &

upon what is of value to us. That value is determined by our conditioning over a life time – every event that we have ever experienced & what we have chosen to make that mean for our future.

Self sabotage is the sole reason that most of us are not living the life that we say we want to have. And the good news is - self sabotage is reversible! I will share 5 Easy Steps anyone can take right NOW to stop sabotaging themselves!



5 Things YOU Must Do Immediately

95% of us go on a diet & gain the

96% of us go into rehab & end up

97% of us leave one relationship & end up in the same situation with

Why do we keep repeating self sabotaging behaviour? Are we unwell, somehow deficient or ad-

way: Sabotage is an automatic response of the subconscious.

it can only **ACT** or **CREATE** based

#### Rhondalynn Will Help Your Listeners "Get Out Of Their Own Way"...

After the murder of her mother in 1992, Rhondalynn suffered from depression, panic attacks & insomnia. She cured herself without drugs or therapy & is the author of "On The Shoulders of Giants" & the audio series "Imagineering Your Destiny" - which enables everyone to re-write negative conditioning from the past & eliminate self sabotage. Her work has been featured in publications worldwide - she holds degrees & professional designations in law, public accounting, Neuro-Linguistic Programming, Thought Field Therapy, Clinical Hypnotherapy & Psychotherapy.

She is a leading expert on mental toughness, sustained motivation, leadership & peak performance.



Rhondalynn Korolak B. Comm. LLB CA Dip. CH TFTdx Master Prac. NLP

#### RHONDALYNN WILL TELL YOUR **AUDIENCE:**

- How to **STOP** being so successful at getting everything they don't want
- How to **change** the past & move on
- Why we repeat behaviors & ruin our success in relationships, career, diet & more
- How to cure what they think is wrong with their lives without changing a "thing"
- How to **STOP** being their own worst enemy &"get out of their own way"
- The easiest way to move beyond fear
- How to set & achieve goals in record time
- How to let go of worrying about "how" & unleash the power of WHY
- Why forgiveness is easier & healthier than staying angry
- what you say or do
- area of their lives

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# ON THE SHOULDERS GIANTS 3 new ways to guide yours! Its greatness RHONDALYNN ROROLAK

ISBN 9780980557800 RRP \$34.95

## Sample On Air Questions

Rhondalynn, what prompted you to write this book? What makes you an expert on the topic? (answer 2 min)

Why write a book called On The Shoulders of Giants? Do we really need another self-help book? (answer 1 min) I know a lot of listeners out there have either heard of or are pretty sceptical about "The Secret" or the "Law of Attraction" – these ideas seem a bit metaphysical and gimmicky. Can you really help the average listener make real changes in their lives for the better? (answer 3 min)

Does this book contain any real strategies or is it just a regurgitation of what a handful of experts have said before? (answer 1 min)

thing as 'failure'.

Some people are
just very
successful at
getting everything
they don't want."

#### More Questions...

Let's say that some of our listeners feel like they may be sabotaging their own success – what wisdom or strategies can you share to help them fix this problem once and for all? (answer 3 min)

How can our listeners change the results that they have right now? (answer 2 min)

What is the easiest way for me to change my life, right now –today? (answer 2 min) We may have readers out their listening who feel that they have been very unsuccessful in some aspect of their lives (career, relationships, health etc.) – what one tip can you share with them now to help them change their results? (answer 3 min)

## Rhondalynn is an expert in mental

toughness and peak performance.



### Even More Questions...

Some listeners may be thinking "but isn't this really just about having a positive attitude? I've tried that before and it doesn't work. How do I achieve lasting motivation and change?" (answer 2 min)

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There are over 33 strategies in this book. How

does someone figure out what to pick and do exactly? (answer 1 min)

Why this book? There are hundreds of self-help books on the shelves these days – why should I buy On The Shoulders of Giants? (Answer 1 min)

We've been speaking to

Rhondalynn author of On The Shoulders of Giants: 33 New Ways to Guide Yourself to Greatness available online and in fine bookstores. The website is YourGuide-ToGreatness.com Rhondalynn, how can our listeners get the FREE list that you talked about? (answer 2 min)

# Why Do We Listen More Intently When Someone is Telling Us a "Secret"?



"The greatest and worst thing in self-help in the past few years has Rhondalynn debunks the myth of "The Secret"

been the phenomenon called 'The Secret'. It opened our minds to new concepts, our eyes to big possibilities and our wallets to unfounded promises. If 'The Secret' is the answer and not just a

marketing ploy, WHY are we ALL not living the life of our dreams?

The answer is simple there is NO 'secret'... It's ALL in your mind."

Show Ideas That Are Thankfully NOT a Secret"!

The Secret Exposed—Why
There is no "Secret" & it's
ALL in Your Mind!

5 Reasons Why "The Secret" Won't Work For You & What You Can Do About It!

See How Easily You Can Stop Looking For "The Secret" & Begin Actually Living it!

Keep Your Past From Ruining Your Future Success!

Mental Toughness Insider Reveals 5 Hidden Secrets Your Doctor and Therapist Pray You'll Never Find Out About "If The Secret is the answer and not just a marketing ploy, WHY are we all NOT living the life of our dreams yet?"

#### **Exposing The Truth Behind "The Secret"**

## The Secret Behind The Secret

Why 99% of What We Do is Purely HABIT and How That is Preventing You From Having What You Say That You Want! 7 Reasons A Positive Attitude & "The Secret" Will Never Be Enough! Why You Won't Sleep Tonight Until You Discover the 7 Secrets To Have The Relationship/Body/Career of Your Dreams!



Re-write negative conditioning from the past & eliminate self sabotage. RRP \$247

# imagineering

#### **Available for Interview**

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"There is no "secret", its ALL in your mind."

Rhondalynn has a creative and inspiring story that proves that when you connect to your "WHY", you can Be, Do and Have anything that you set your mind to. From humble beginnings and despite formidable obstacles, to success as a leader and entrepreneur, Rhondalynn affirms beyond a shadow of a doubt, that it is not what happens to you that matters, it's what you decide to do about it and "WHY". It's about what you do and who you become because of what happens, not despite it.

"We may not be able to control all that happens to us but we can control 100% of what happens within us." Our life is not dictated by a collection of events and circumstances, it is dictated by the meaning we ascribe to those events. If we understand our "WHY" then we can deal with any "how" that life brings our way.



## Special Offers For Your Listeners

The best way for you to get a copy of *On The Shoulders of Giants* is direct from the publisher because you get \$397 worth of special bonuses ALONG WITH THE BOOK.

First you will get my **Imagi- neering Insights program for 6 months** and access to some **exclusive coaching tools** normally reserved for our private
1-on-1 coaching clients only!

The website is:

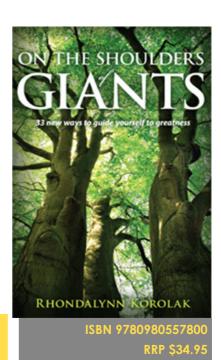
#### YourGuideToGreatness.com

There is also a FREE eNewsletter you can sign up for if you just want to learn more about how we can help you to achieve your goals.

Again, the website is

YourGuideToGreatness.com

& the book is \$34.95.



YourGuideToGreatness.com